

## CLAIMS

1. A head rest (1) for a vehicle seat (3) in a motor vehicle, with the head rest consisting of an attachment (8) arranged at the top of the back rest of the vehicle seat, a protective cushion (4) and one or several supporting arms (5, 13) which protrude from the attachment and which support the protective cushion (4), with the supporting arms at their one end (7) being pivotably attached to the attachment about a first pivot shaft (9), and the attachment exhibits both a first locking mechanism (20) which in a use position for the head rest is arranged to hold the locking arms pivotably locked about the first pivot shaft relative to the attachment, and a first release mechanism which is arranged to, when activated, release the locking mechanism for pivoting of the supporting arms together with the protective cushion about the first pivot shaft, characterized in that the protective cushion (4) is pivotably attached to the supporting arms (5, 13) about a second pivot shaft (10) and in that a second locking mechanism (34) is arranged to, in said use position, hold the protective cushion pivotably locked about the second pivot shaft relative to the supporting arms, and in that a second release mechanism (17) is arranged to, when activated, release the protective cushion from its pivotably locked position for pivoting of the cushion relative to the supporting arms.
2. Head rest according to claim 1, characterized in that the activation of the second release mechanism (17) is initiated as a result of the activation of the first release mechanisms.
3. Head rest according to claim 2, characterized in that the activation of the second release mechanism (17) is done by means of the pivoting movement of the supporting arms (5, 13).
4. Head rest according to claim 3, characterized in that the activation of the second release mechanism (17) is done by means of a

manoeuvring bar (51) which at its one end (53) is pivotably arranged at the attachment (8) in a pivot point located at a distance from the pivot shaft (9) and at its other end (52) is coupled to the second release mechanism.

5     5. Head rest according to claim 4, characterized in that the  
second locking mechanism (34) exhibits a locking disc (35) positioned in the  
protective cushion (4), and which by means of the second release  
mechanism (17) is adjustable by means of a sideways displacing movement  
of the locking disc in a disc-shaped holder (36) between a locking position  
10     and a release position into respectively out of locking engagement with fixed  
locking organs (39, 39') on a cross bar (32) which forms the second pivot  
shaft (10) and extends through the protective cushion.

6. Head rest according to claim 5, characterized in that the  
15     locking disc (35) extends in the axial direction relative to the second pivot  
shaft (10) and exhibits an edge portion which in the locked position is  
arranged in a recess (38) in said locking organs (38, 39) which extend in a  
radial plane relative to the shaft, and in that the locking disc exhibits a recess  
(40, 41) which in the release position is positioned immediately in front of  
20     each of the locking organs, by means of which the pivoting movement of the  
cushion is made possible.